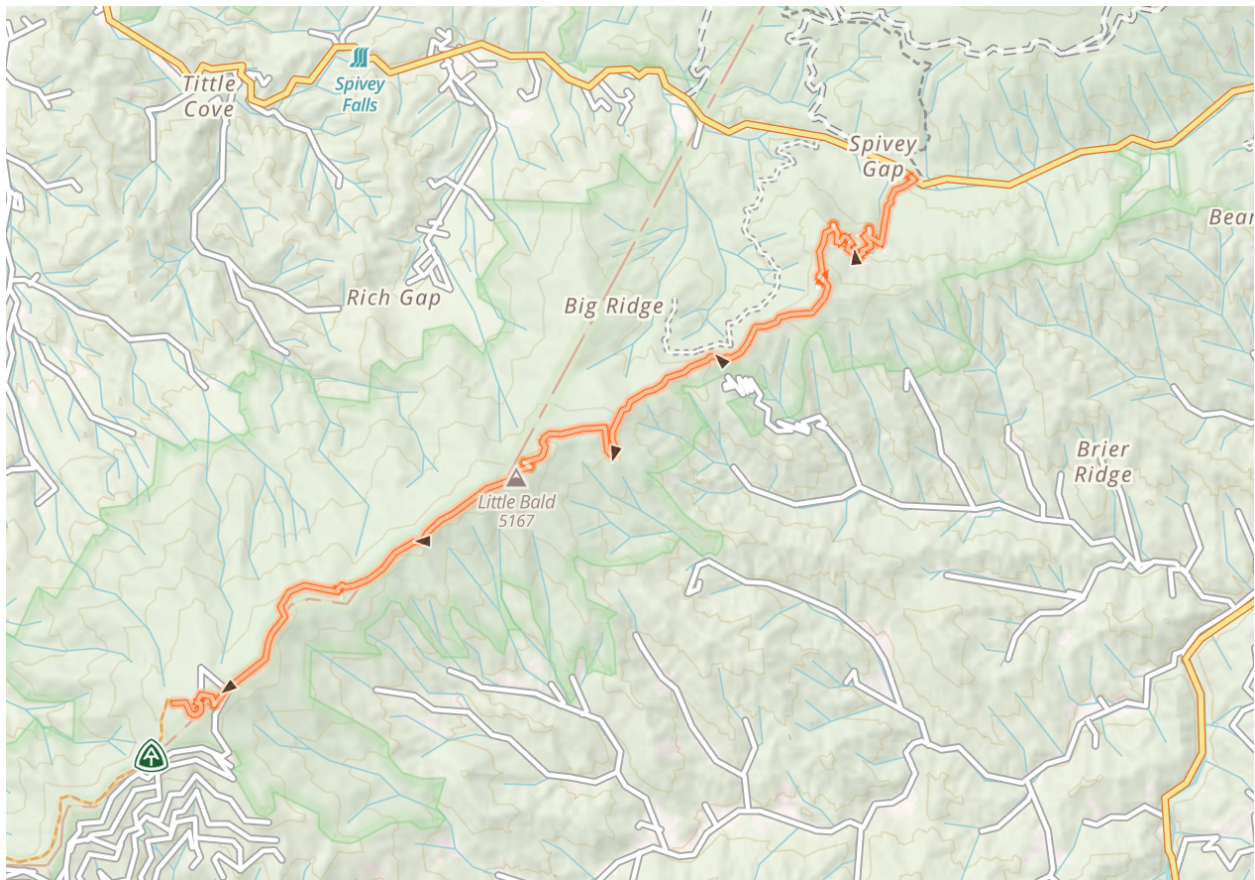


9/11-9/12

SKILLS

APPALACHIAN TRAIL - Spivey Gap to Big Bald



Description

We will head out as a group to a section of the AT to practice our skills together as a community in the woods. This is a great opportunity to get your hands and feet dirty, ask lots of questions, and have fun with others who enjoy being outside! We will be hiking a section of the Appalachian Trail to Big Bald, one of the higher points in the area with 360 degree views of the surrounding hills.

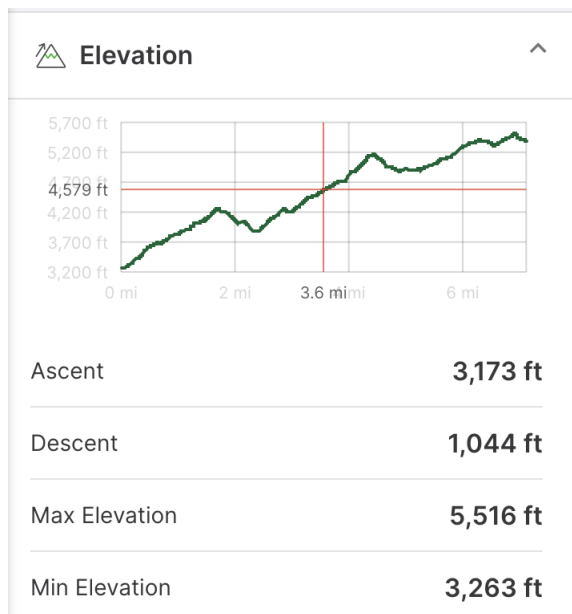
Trip Details

Itinerary

Day	Description	Mileage
1	Hike Spivey Gap to Big Bald	7
2	Hike Big Bald back to Car	7

Total Mileage: 14

Difficulty: Moderate. There's a fair amount of up and down but we will take it at an easy pace.



Expected Conditions

- Weather
 - Highs in low 80s
- Trail
 - The trail is well maintained but for a longish day, sturdy shoes, hiking poles recommended
- Water

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- Bring 2 L min
 - Gear Considerations
 - Bring snacks, bug spray, and sunscreen

Getting to the Trailhead

- We will meet at Spivey Gap at 8 am on Saturday morning.